

Govt. College for Women Gurawara Lesson Plan 2025-2026

Name of the Assistant/ Associate Professor):- Amit Bhorla

Class and Section: B A- 1st Semester -1st

Subject:... (PSYCHOLOGY) Fundamental of Psychology

Week	Date	Topic
1.	01.08.2025 to 09.08.2025	Introduction of Psychology, Nature
2.	10.08.2025 to 16.08.2025	Scope and Field of Psychology, Psychology as a science
3.	17. 08.2025 to 23.08.2025	Methods to study Behaviour: Introspection
4.	24.08. 2025 to 06.09.2025	Experimental Method, Interview Method
5	07.09.2025 to 13 .09.2025	Sensation nature, Characteristics and Type
6.	14.09.2025 to 20.09.2025	Structure and function of Visual and Auditory Sensory Process
7.	21.09.2025 to 27.09.2025	Perception, Nature, Perceptual Organization
8.	28.09.2025 to 04.10.2025	Perceptual Organization, Illusion
9.	05.10.2025 to 11.10.2025	Motivation Nature, Biological Motives
10.	12.10.2025 to 18.10.2025	Biological Motives , Psychosocial Motives
11.	19.10.2025 to 26.10.2025	Dewali vacation
12.	27.10.2025 to 02.11.2025	Emotion nature, Mid term Exam
13.	03.11.2025 to 09.11.2025	Theories of Emotion, Physiological
14.	10.11.2025 to 16.11.2025	Cognitive theories, assignment , Test
15	17.11.2025 to 23.11.2025	Intelligence, natures and Theories of Intelligence
16	24.11.2025 to 30.11.2025	Personality, nature, Determinants, Type and trait approaches

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Govt. College for Women Gurawara Lesson Plan 2025-2026

Name of the Assistant/ Associate Professor):- Amit Bhorla

Class and Section: B A- 2nd Semester -3rd

Subject:... (PSYCHOLOGY) Developmental Psychology

Week	Date	Topic
1.	01.08.2025 to 09.08.2025	Human Development; Concept of development, Human Growth and Development, Principals of Human Development
2.	10.08.2025 to 16.08.2025	Factors in human development; Biological factor, Psychological
3.	17. 08.2025 to 23.08.2025	Social and cultural Factor of Development,
4.	24.08. 2025 to 06.09.2025	Unit Test, Prenatal development, Determinants and stages
5	07.09.2025 to 13 .09.2025	Hazards during The prenatal Development
6.	14.09.2025 to 20.09.2025	Infancy: Characteristics,
7.	21.09.2025 to 27.09.2025	Hazards and adjustment
8.	28.09.2025 to 04.10.2025	Childhood: Characteristics, Needs of Childhood
9.	05.10.2025 to 11.10.2025	Problems in Childhood, Development: Perceptual
10.	12.10.2025 to 18.10.2025	Motor Development, Emotional Development,
11.	19.10.2025 to 26.10.2025	Dewali vacation
12.	27.10.2025 to 02.11.2025	Cognitive Development, Mid Term Exam
13.	03.11.2025 to 09.11.2025	, Adolescents: Characteristics of Adolescent
14.	10.11.2025 to 16.11.2025	Problems of adolescents Adjustment in adolescents stage
15	17.11.2025 to 23.11.2025	Adulthood: Early adulthood, Late adulthood
16	24.11.2025 to 30.11.2025	Aging: Changing patterns in old age and problems . Test

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Govt. College for Women Gurawara Lesson Plan 2025-2026

Name of the Assistant/ Associate Professor):- Amit Bhoria

Class and Section: B A- 3rd Semester -5th

Subject:... (PSYCHOLOGY) Psychopathology

Week	Date	Topic
1.	01.08.2025 to 09.08.2025	Concept of Normality and Abnormality
2.	10.08.2025 to 16.08.2025	Models Of Psychopathologies: Biological, Psychodynamic
3.	17. 08.2025 to 23.08.2025	Behavioural and Cognitive Modle
4.	24.08. 2025 to 06.09.2025	Classification of Psychopathology; Need for classification, DSM -IV and DSM-V TR
5	07.09.2025 to13 .09.2025	Diagnostic Assessment: Case History, Interview
6.	14.09.2025 to 20.09.2025	Projective Technique
7.	21.09.2025 to 27.09.2025	Anxiety based Disorder, Generalized Anxiety Disorder, Obsessive Compulsive Disorder
8.	28.09.2025 to 04.10.2025	Phobic Disorders: Symptoms and Causes
9.	05.10.2025 to 11.10.2025	Substance/ Drug abuse, causes
10.	12.10.2025 to 18.10.2025	Substance/ Drug abuse Consequences
11.	19.10.2025 to 26.10.2025	Dewali vacation
12.	27.10.2025 to 02.11.2025	Rehabilitation, Mid Term exam
13.	03.11.2025 to 09.11.2025	Mood Disorder, nature, Unipolar
14.	10.11.2025 to 16.11.2025	Bipolar Disorder
15	17.11.2025 to 23.11.2025	Schizophrenia , nature,
16	24.11.2025 to 30.11.2025	Types, causes of schizophrenia

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