Govt. College for Women Gurawara

Lesson Plan Session 2023-24

Name of the Assistant/ Associate Professor : Amit Bhoria

Class and Section: B A- 1st, Semester –1st

Subject:… (**PSYCHOLOGY**) Invitation to Psychology

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| Week | Topic |
| 1. | Psychology: History, Emergence as Science, Subject matter of Psychology |
| 2. | Methods of Psychology, Experimental, Observation, Survey |
| 3. | Sensory Processes: Visual, Auditory.  Visual, Structure and Functions of Eye  Auditory – Structure and Functions of Ear. |
| 4. | . Perception: Nature, Perception of form – Figure and ground, Perceptual Organization |
| 5 | Depth Perception–cues, Monocular and Binocular Vision |
| 6. | Emotion: Nature, Bodily changes, Theories of Emotion: James-Lange |
| 7. | Theories of Emotion Cannon-Bard, Theories of Emotion Schachter–Singer, Test, Debate Competition |
| 8. | Motivation: Nature, Biological Motive, Psychological Motives. |
| 9. | Personality: Nature, Determinants of personality, |
| 10. | Type approach. & Theories of Personality |
| 11. | Trait approach. & Theories of Personality |
| 12. | Intelligence: Nature, Theories: Spearman |
| 13. | Theories: Thurstone, Theories: Cattell. |
| 14. | Assignment Presentation, |
| 15 | Revision |

Govt. College for Women Gurawara

**Lesson Plan Session 2023-2024**

Name of the Assistant/ Associate Professor )-: Amit Bhoria

Class and Section: B A- 2nd Semester – 3rd

Subject:… (**PSYCHOLOGY**) Social Psychology

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| **Week** | **Topic** |
| 1. | Introduction: Nature, subject matter, Sociometric method. |
| 2. | Sociometric method, Socialization: Nature |
| 3. | Process of socialization and Agents of Socialization |
| 4. | Group: Types and functions, Group formation |
| 5 | Social Norms: Meaning, Characteristics and formation |
| 6. | Leadership: Types, Function |
| 7. | Theories– Trait, Situational, and Interactional. |
| 8. | Attitudes: Characteristics, Development and Attitude change |
| 9. | Prejudice: Nature, Development Types of Prjudice |
| 10. | Stereotypes: Nature, Factor affection Stereotypes |
| 11. | Pro-social Behaviors: Nature, Determinants ,Cognitive Model |
| 12. | Aggression: Nature, determinants and prevention |
| 13. | Test, Assignment Presentation |
| 14. | Revisions |
| 15 | Revision |

Govt. College for Women Gurawara

**Lesson Plan Session 2023-2024**

Name of the Assistant/ Associate Professor )-: Amit Bhoria

Class and Section: B A- 3rd Semester – 5th

Subject:… (**PSYCHOLOGY**) Psychopathology

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| Week | Topic |
| 1. | Psychopathology, Concept of normality and abnormality. |
| 2. | Models of Psychopathology: Biological, Psychodynamic |
| 3. | Models of Psychopathology: Behavioural, and Cognitive. |
| 4. | Classification of Psychopathology: Need for classification |
| 5 | Classification of Psychopathology: DSM system. |
| 6. | Diagnostic Assessment: Case history, Interview, Projective techniques |
| 7. | Diagnostic Assessment: Projective techniques |
| 8. | Anxiety Based Disorders: Generalized Anxiety Disorder, Obsessive Compulsive Disorder, and Symptom and Causes |
| 9. | Anxiety Based Disorders: Phobic disorders-Symptom and Causes |
| 10. | Substance/drug abuse – Causes, Consequences and Rehabilitation |
| 11. | Substance/drug abuse – Causes, Consequences and Rehabilitation |
| 12. | Mood disorders: Unipolar and bipolar-Symptoms and causes |
| 13. | Schizophrenia: Nature, types, and causes |
| 14. | Test and Assignment Presentation |
| 15 | Revision |